A new study shows that an interdental brush is just as effective as a periodontal probe when it comes to evaluate marginal bleeding between the teeth on gingivitis patients. The great advantage of using the interdental brush as an indicator instead of the periodontal probe is that the patients can verify their progress at home. This self-evaluation can motivate the patients in their interdental cleaning, and it is without any extra effort, as they are already instructed to use an interdental brush.

The study emphasises the importance of choosing the correct size of interdental brush – an excellent argument for TePe’s wide range of interdental brushes. Though made with with another brand, the study strengthens the importance of any interdental brush.

Abstract to the study http://www.ncbi.nlm.nih.gov/pubmed/21356022

Comparison of marginal bleeding using a periodontal probe or an interdental brush as indicators of gingivitis.

Hofer D, Sahrmann P, Attin T, Schmidlin PR.

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